The Basic Life Support in Obstetrics (BLSO®) program has been developed to prepare participants to manage normal labor and obstetrical emergencies. BLSO is appropriate for several audiences, including: pre-hospital care providers, emergency department personnel, as well as medical, nursing and physician assistant students.

BLSO is a one-day course that offers evidence-based, hands-on workshops with mnemonics and case-based discussions that can play an important role in promoting teamwork. Pre-hospital resuscitation, communication in transit and transition to hospital care can be improved when pre-hospital and hospital providers share a conceptual framework.

1. Course overview
2. Normal labor Practice normal delivery with mannequins
3. Emergent prenatal assessment, Practice taking history, maternal exam and listening to fetal heart with a Doppler stethoscope or fetoscope
4. Saving the life of the mother: postpartum hemorrhage and maternal
5. Malpresentations, practice recognition of most common malpresentations (transverse lie, occiput posterior, breech, brow, compound or face presentation) and how to manage in pre-hospital setting with emphasis on breech
6. Shoulder dystocia
7. Hypertensive emergencies
8. Preterm labor and premature rupture of membranes (PROM)
9. Saving the life of the baby (neonatal resuscitation)
10. Labor dystocia (failure to progress and arrest of descent)
11. Electronic fetal monitoring Introduction to Fetal heart tracing

Course Fee: $175.00 all profits will be donated to American Sickle Cell Foundation

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